



NEATLY HOSTED LLC

LUNCH MENU

OPTION #1

CLASSIC & BALANCED

Crispy Chicken Sandwich on a brioche bun with coleslaw, tomato and a light aioli spread.

Falafel and Hummus Pita Wrap with shredded carrots, cucumbers, and tzatziki (vegetarian).

Grilled Veggie Wrap with zucchini, roasted peppers, spinach, and goat cheese (vegetarian)

SIDE OPTIONS

Seasonal Tossed Salad with cherry tomatoes, cucumbers, mixed greens, and balsamic vinaigrette.

Pasta Primavera Salad with penne pasta, cherry tomatoes, broccoli, and a light lemon-herb dressing.

SNACKS

Individual bags of Kettle Chips or Pita Chips.

Fresh Fruit Cups with melon, pineapple, grapes, and strawberries.

BEVERAGES

Infused Water: Lemon-Cucumber Mint.

Lightly unsweetened green tea.

Assorted Canned Sparkling Water (LaCroix or similar).

*Glutton free upon request

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

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NEATLY HOSTED LLC

LUNCH MENU

OPTION #2

FRESH & LIGHT

Turkey & Avocado Wrap with baby spinach and light chipotle mayo.

Caprese Baguette Sandwich with mozzarella, sliced tomatoes, basil, and balsamic glaze (vegetarian).

Mediterranean Veggie Pita Pocket with hummus, cucumbers, cherry tomatoes, olives, and spinach (vegetarian)

SIDE OPTIONS

Quinoa Salad with chickpeas, parsley, cucumbers, and lemon vinaigrette.

Kale Caesar Salad with parmesan crisps and a light Caesar dressing.

SNACKS

Trail Mix Bags (nuts, seeds, dried fruit).

Granola Bars or individual Energy Bites.

BEVERAGES

Infused Water: Orange-Rosemary.

Iced Hibiscus Tea (naturally sweetened).

Cold Brew Coffee with assorted creamers and sweeteners

*Glutton free upon request

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LUNCH MENU

OPTION #3

HEARTY & SATISFYING

BBQ Chicken Wrap with coleslaw and a light barbecue drizzle.

Veggie and Hummus Wrap with roasted red peppers, spinach, carrots, and hummus (vegan).

Roasted Turkey & Cheddar Sandwich on multigrain bread with spinach and a honey mustard spread.

SIDE OPTIONS

Orzo Pasta Salad with spinach, cherry tomatoes, feta cheese, and a lemon vinaigrette.

Crunchy Broccoli Slaw with cranberries, sunflower seeds, and a light citrus dressing.

SNACKS

Individual Veggie Cups with a side of hummus dip.

Mini Banana or Zucchini Bread slices (individually wrapped).

BEVERAGES

Infused Water: Strawberry-Basil.

Arnold Palmer (Half Lemonade, Half Iced Tea).

Assorted Bottled Juices (apple, orange, cranberry).

*Glutton free upon request

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LUNCH MENU

OPTION #4

MEDITERRANEAN DELIGHT

Grilled Chicken Gyro Wrap with lettuce, tomato, and tzatziki sauce.

Falafel and Hummus Box with pita triangles, cucumbers, tomatoes, and olives (vegetarian).

Greek Couscous Salad Bowl with roasted vegetables, feta, and lemon-herb dressing (vegetarian).

SIDE OPTIONS

Tabbouleh Salad with fresh parsley, tomatoes, bulgur, and lemon juice.

Stuffed Grape Leaves with rice and herbs

SNACKS

Pita Chips with roasted red pepper hummus.

Fresh Fruit Skewers with melon, grapes, and pineapple

BEVERAGES

Infused Water: Lemon-Mint.

Sparkling Lemonade (lightly sweetened).

Iced Green Tea with citrus.

*Glutton free upon request

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LUNCH MENU

OPTION #5

GARDEN FRESH AND HEARTY

Turkey & Cranberry Wrap with mixed greens and light lime mayo spread.

Caprese Sandwich on ciabatta with fresh mozzarella, tomatoes, basil, and balsamic drizzle (vegetarian).

Black Bean & Avocado Wrap with corn salsa and spinach (vegan).

SIDE OPTIONS

Spring Grain Salad with farro, chickpeas, arugula, and lemon vinaigrette.

Carrot and Celery Sticks with a creamy herb dip.

SNACKS

Trail Mix Bags (dried fruit, nuts, and dark chocolate).
Individual Oatmeal Cookies.

BEVERAGES

Infused Water: Orange-Ginger.
Unsweetened Iced Hibiscus Tea.
Assorted Bottled Juices (cranberry, apple, and orange).

*Glutton free upon request